



DelaMensa

Volume 38, Number 3

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CORRECTED EDITION

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Chat N Chew: ARE YOU READY TO DIE?

By Cindi Era

The second event of Chat N Chew on Feb. 8 at Trader's Cove was practical advice on dying. Joyce Lennon, a grief counselor for over 18 years, told the group of Mensans and non-Mensans the practical side of dying. The legal documents that you should have are an advanced directive or living will, a durable or limited power of attorney and of course a will.

An original advanced directive should be given to the person who you have named responsible for your care. This person should know your wishes beforehand. Joyce also recommends that a copy of your "do not resuscitate" be posted on the refrigerator. Emergency personnel are trained to look for this document. Another copy should be in the car with the registration. The "In case of emergency" (ICE) contact person should also have a copy.

A power of attorney can be limited or durable, depending on your needs. A limited power of attorney gives the person specific responsibilities. For example they can pay your mortgage, but cannot sell your home. A durable power of attorney gives the person more responsibility, including selling your home in the event of your death. Only a physician's letter can authorize the use of either power of attorney form. It is also a good idea to name a guardian if you are incapacitated. There should be at least two, preferably three people named. If the first person cannot carry out the duties, it falls to the second, and so on.

You should preplan your funeral and if possible prepay, and the earlier the better. Joyce has been in situations where parents had to go through the possessions of their 25 year old. Not to sift, but to find where the car payment book was kept, or the credit card bills. The parents felt they were violating their deceased child's space.

You should also talk with your family about what you'd like. Don't assume your last wishes will be honored, however. Someone this participant knows wants a mausoleum built for him to be interred, which seems a bit excessive. Blended families also present a challenge. After only five years of marriage, one young lady was a widow. When it came time to discuss the burial arrangements, his children from his first marriage mentioned the plot their mother and father had prepaid for years ago. Now, the deceased will

Directory of Local Officers

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forever be interred next to his ex-wife.

In Delaware, your assets will be given to your spouse, children, parents, siblings, aunts/uncles, or cousins in that order. So it is a good idea to also make a will.

Because people die, get divorced, or stop speaking to each other, it is a good idea to revisit all of these documents to update them every five years.

We hope to see you there next month. Delaware Mensan Jim Lee will give us "An Upbeat Guide to the End of the World." We all hear about "gloom and doom" on the news. An Upbeat Guide to the End of the World is an overview of possible cultural and social responses to these challenges over course of the next decade. Can the "end of the world" can really become a "happily ever after?"



Want to renew by check? Send payment to:
 American Mensa
 1229 Corporate Drive West
 Arlington TX 76006

*please include your membership number on the check

Please visit our Web site at <http://delaware.us.mensa.org/index.htm> for updates

Delaware Mensa Calendar

Grab your personal calendar and write down some events!

- Tues, Mar 6 [NEW DAY] 6 to 8 pm, Happy Hour/ NTN Trivia Night at [Stewart's Brew Pub](#), Governor's Square, Route 40, Bear. **First Tuesday of each month.** For info or to RSVP, e-mail Steve at sdm1177@yahoo.com or call (302) 832-2665.
- Wed, Mar 7 6 to 8 pm, Games Night, at Traders Cove, Penn's Place, 206 Delaware St, Old New Castle. [Not a Mensa event] **First Wednesday of each month.** Bring a game
- Mon, Mar 12 11:30—? Second Monday Lunch Bunch –New Location– Purebread Deli in Greenville, north of Wilmington on Rt 52, for lunch and stimulating conversation. Info: Dee Richardson at 302-892-2299
- Sat, Mar 17 10 to 4, Leadership Development Workshop, New Castle Public Library, 424 Delaware Street, New Castle, DE. Open to all members, free of charge, but RSVP is required. Contact Steve at sdm1177@yahoo.com or call (302) 832-2665.
- Thur, Mar 22 6 to 8 pm, "Chat and Chew", Delaware Mensa's very own Jim Lee will give us "An Upbeat Guide to the End of the World." Join us for dinner and a talk at Traders Cove, Penn's Place, 206 Delaware St, Old New Castle. For info, contact Maria - legalady@magpage.com or call 302-893-5118.
- Wed, Apr 4 [NEW] 6 to 8 pm, Games Night, at Traders Cove, Penn's Place, 206 Delaware St, Old New Castle. [Not a Mensa event] **First Wednesday of each month.** Bring a game, or just join the group. For info, e-mail Maria at legalady@magpage.com or call 302-893-5118.

Your event here!!

DM

Leadership Development Workshop

Delaware Mensa is hosting a Leadership Development Workshop next month. The purpose is to give knowledge and inspiration to anyone interested in holding a leadership position in Mensa, at a local or national level. This will be a one day session, with attendees from Delaware Mensa and surrounding local groups.

There is no cost to you to attend, and light refreshments will be provided. Topics covered at this LDW include:

- PR for Mensa
- Recruitment and Retention
- Getting People Involved
- Welcoming New Members

The workshop will be held March 17, from 10 am to 4 pm at the New Castle Public Library, 424 Delaware Street, New Castle, DE.

If you want to attend, fill out the following information and send to Steve:

Name: _____
Address: _____
City, State, Zip: _____
Membership number: _____

Send your registration to: Steven Michel
1177 Dutch Neck Road
Middletown, DE 19709



It's time to renew your Mensa membership.
Renew online at www.us.mensa.org/renew
or call 888/294-8035, ext. 199

Celebrations

A Happy Birthday to these Mensans :

Name	Birthday
Sonia B Combs	4-Mar
Frances Montgomery Joseph	4-Mar
Susan Irwin	10-Mar
Paul Damien Craven	12-Mar
Alan Bleier	12-Mar
Harry F Albert	14-Mar
Ann Iona Warner	19-Mar
Albert Rodney Daniels	23-Mar
John W Zahradnik Jr	26-Mar
Ronald L Snow	26-Mar
Walter S Koroljow	28-Mar

(And also to those who don't wish to have their birthdays published)

Congratulations, and a Happy Mensaversary to these members who celebrate their Mensa anniversary this month:

Name	Member since:
Albert Rodney Daniels	1980
Ronald W Baldwin	1995
Patrick Wayne McMahan	2002
Carrie Upreti	2005
David Alan Brenner	2005
Bettymae Berry Doyle	2006
Paul G Stitik II	2006
Paul Bechly	2009
Ronald L Snow	2009
Roy V Jackson	2011
Mark W Sheppard	2011
David Lee Sechler	2011
Mary Ellen Robinson	2011

Good Wine Cheap (and good food to go with it)

By John Grover

Real men do eat quiche. This month's recipe entails bacon, eggs, cheese, onions and green peppers. What else could make a more manly snack during the intermission of your favorite basketball or hockey game. And, if you want to break away briefly from the Molson's, we have a wine that should complement the dish very nicely.

The wine this month is the 2009 Morgon from Les Vins Georges Deboeuf and is produced in Beaujolais region of Burgundy, France. Morgon is one of ten villages that have the Beaujolais Cru designation and a well deserved reputation for very good wines. This red wine has a fruit laden nose which is followed by tastes rich with cherry, plum and a hint of black pepper. There is an earthy quality to this wine that ends with a very smooth finish. When tasting, try leaving a little on your tongue while breathing in through your mouth for the full effect. This is a wonderful wine for between \$11 and \$14 a bottle.



Bacon and Green Chili Quiche (from June 1996 *Bon Appetit* magazine)

Ingredients: 1 refrigerated pie crust (room temperature); 8 strips bacon; a 4 ounce can of diced green chilies, drained; 4 green onions, chopped; 1 cup shredded Monterey Jack cheese (about 4 ounces); 1 cup shredded sharp cheddar cheese; 1 ¼ cups half and half; 4 eggs; ½ tsp. salt

Preheat oven to 425 F. Unfold crust. Using wet finger tips, press together any tears. Press crust into 9 inch deep dish pie plate. Press foil over crust to hold shape. Bake 5 minutes. Remove from oven; remove foil. Reduce temperature to 400F.

Cook bacon in heavy skillet over a medium high heat until crisp and brown. Transfer to paper towel and drain. Crumble bacon. Sprinkle bacon, chilies and green onion over crust. Combine the cheeses and sprinkle over crust. Beat half and half, eggs and salt in a bowl to blend; and add this mixture into crust.

Bake quiche until knife inserted in center comes out clean, about 45 minutes. Let quiche stand 5 minutes. Cut the quiche into wedges and serve. Serves 6 as a main course or 12 as an appetizer.

I hope that you will contact me with your comments and your favorite wines at jgrover@berk.com. I will be happy to share them with the broader Mensa group.

John Grover is a member of Mensa of Northeast New York. He lives with his wife Sharon in the Hudson Valley of New York.

Mensa is an international society whose sole membership requirement is a score in the top two percent of the general population on an approved intelligence test. It is non-profit, has no religious or political affiliations, and promotes no official positions. Send address changes and requests for information to: **American Mensa Ltd., National Office, 1229 Corporate Drive West, Arlington TX 76006-6013, 817-607-0060, e-mail:** AmericanMensa@mensa.org. DelaMensa is the official publication of Delaware Mensa, local group number 197 of American Mensa Ltd. *Opinions expressed herein are those of the authors, and should not be construed as official opinions of either American Mensa Ltd. Or Delaware Mensa.* Manuscripts and letters are welcome, but must be original and unpublished. Reprints will be considered if accompanied by written permission from the copyright holder. All submissions must be signed, although the name of the author will be withheld upon request. Deadlines are shown on the calendar included in the newsletter. All submissions should be sent to the Editor at the address listed in the directory on page 1.



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Arlington TX 76006-6103**

FIRST CLASS MAIL

This newsletter is sent to members of Delaware Mensa each month (more or less), but is also going out to prospective members who have qualified for membership. If you are one of those prospective members, allow me to add another invitation to you to join Mensa. The organization is both big and small, you can enjoy it at whatever level suits you.

March 2012

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6 <small>Happy Hour/NTN Trivia Night-Bear</small>	7 <small>Games Night at Trader's Cove</small>	8 <small>Full Moon</small>	9	10
11 <small>Begin Daylight Savings Time</small>	12 <small>Lunch Bunch</small>	13	14	15	16	17 <small>LDW St. Patrick's Day</small>
18	19	20 <small>Vernal Equinox</small>	21	22 <small>New Moon Chat N Chew at Trader's Cove</small>	23 <small>DelaMensa Deadline</small>	24
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