



DelaMensa

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May 2010

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EXCOMMunications - May 2010

By: Maria Sawczuk, Local Secretary

If you haven't renewed your membership, this likely will be your last newsletter. Please take a moment and either send in your form, or go online at www.us.mensa.org.

The Annual Gathering is coming along tremendously. I am so excited about the great speakers, the amazing tours, the wonderful food (both in hospitality and in the meal plan options) and the spectacular events! Okay, that was a lot of superlatives, but I am on Cloud Nine right now, thanks to the stellar work of my committee. I cannot wait until we're all in Dearborn from June 30 to July 5. Check out www.ag.us.mensa.org for more information. I hope to see you there!

This month's calendar is filling up also. The inaugural walking tour last month brought out so many faces, including some people I haven't seen in a while. I hope you can join us this month in downtown Wilmington! If you've never been out to an event, there's never been a better

Directory of Local Officers			
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RVC-2	Marc Lederman	717-308-1221	RVC2@us.mensa.org

time – check out the calendar. If nothing interests you, please let me know what would – we aim to please!

To get late-breaking news about our events, impromptu get-togethers, and other important information, please consider joining our Yahoo Group at <http://groups.yahoo.com/group/DelawareMensa>.

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COMING EVENTS!

A PROPER AFTERNOON TEA

Join Delaware Mensa for a proper afternoon tea. We will meet at the British Bell Tea Room in Peoples Plaza in Glasgow on Saturday May 8 at 1:30 pm. Afternoon tea, complete with sandwiches, scones, desserts and of course, your choice of tea, is only \$19 pp. Or choose high tea, with all of the above, plus banger rolls and soup or salad, for \$25. Not into tiny sandwiches? The British Bell Tea Room has a whole menu for your enjoyment. Check out <http://www.britishbelltea.com/> for more info.

DATE: Saturday, May 8, 2010

TIME: 2 pm

PLACE: British Bell Tea Room, Peoples Plaza, Glasgow. To RSVP, contact Maria Sawczuk at 302-893-5118 or legalady@magpage.com

WILMINGTON WALKING TOUR

Stop No. 2 on our 12 Stop Walking Tour hits Downtown Wilmington in May.

These are not strenuous walks - only about a mile or so. After the walk, we'll try to find an open restaurant in Downtown Wilmington, or we'll head somewhere else for dinner.

On Sunday, May 16 at 1:00 pm, we will meet at the statue of Caesar Rodney in Rodney Square.

Upcoming walks will include Dover, Georgetown, Laurel, Lewes, Middletown, Milford, Newark, Seaford, Smyrna, and Wilmington's West-End/Trolley Square

Upcoming walks will include Dover, Georgetown, Laurel, Lewes, Middletown, Milford, Newark, Seaford, Smyrna, and Wilmington (Downtown and West-End/Trolley Square)

DATE: Sunday, May 16

TIME: 1:00-?:??

PLACE: Rodney Square in Wilmington

Contact Maria at legalady@magpage.com or call (302) 893-5118 for more information or to RSVP.

Computer Haiku

A file that big?
It might be very useful,
But now it is gone.
By Jim Hull (www.jimhull.com)

Please visit our Web site at <http://delaware.us.mensa.org/index.htm> for updates

Good Wine Cheap (and good food to go with it)

By John Grover

This month we will explore our willingness to try some new tastes. We are all too often trapped in a pattern of the comfortable and familiar. Plus the Omega-3's from the salmon in the recipe below can only help your cardiovascular system. Wow! We go on an adventure; and, it's healthy. What a combination.

The wine this month is a vibrant Sauvignon Blanc from the Marlborough Region of New Zealand's South Island. This 2008 Sauvignon Blanc from Brancott Vineyards is an intense and complex peppery white. It starts with citrus nose and moves quickly to the flavors of lemon, lime, a bit of grapefruit and a hint of green bell pepper throughout. Its lively acidity makes it the perfect complement to the oils found in cold water fish. This wine widely marketed for \$9 to \$11 a bottle.

Sesame Crusted Salmon with Wasabi Aioli (Adapted from a recipe from the Olde Bryan Inn Restaurant in Saratoga Springs, New York; and, published in a local newspaper in the 1990's.)

Ingredients for the Salmon: One 10 to 12 oz. salmon filet; ¼ cup sesame seeds; 1 tbsp olive oil; 2 tbsp melted butter; 2 tsp white wine. Ingredients for Wasabi Aioli: ½ cup mayonnaise; 1 tsp Dijon mustard; 1 to 2 tsp Wasabi powder; 1 tsp lemon juice. (We are cheating a bit using a prepared mayonnaise; but, the original "aioli" recipe is how you make mayonnaise from scratch.) These portions should serve two people.

Preheat oven to 350 degrees. Brush salmon filet with olive oil (any skin removed), place sesame seeds on a small plate and press both sides of the filet in to the sesame seeds. Place salmon on a baking dish with melted butter and white wine. Bake for 15 to 20 minutes, or until fish is firm and pink. While the fish is cooking, blend the mayonnaise, mustard, wasabi powder and lemon juice. Cooking hint: Add only one tsp. of the wasabi powder called for at the beginning; then add more to taste later. Fresh wasabi powder is a powerful ingredient that can really knock your socks off. You can generally find it in today's super markets; but, it is usually less expensive in Asian grocery stores.

I hope that you will contact me with your comments and favorite wines at jgrover@berk.com. I will be happy to share them with the broader Mensa group.

John Grover is a member of Mensa of Northeastern New York. He lives with his wife Sharon in the Hudson Valley of New York.

Computer Haiku

Out of memory.
We wish to hold the whole sky,
But we never will.

Celebrations

As of March 31, we had 179 members.

A Happy Birthday to these Mensans :

Name	Birthday
Timothy Cook	5/9
Maryanne Bellman	5/10
Lidia Epps	5/14
Alison Fielo-Worth	5/15
Lloyd Teitworth, Jr.	5/15
Glenn MacDonald	5/19
William Boyles	5/20

(And also to those who don't wish to have their birthdays published)

Congratulations, and a Happy Mensaversary to these members who celebrate their Mensa anniversary this month:

Name	Member since:
Dennis Cripps	1983
Jack Varsalona	1986
James Carroll	2004
John Coburn	2006
Alexandra Poletaev	2006
Shawn Polson	2006
Glenn MacDonald	2008
Jason Robinson	2008
Jeffrey Pearson	2009

And a warm Delaware Mensa welcome to:

Linnea Bradshaw, who moved to Middletown from Apple Valley Minnesota, and Hope Freeman of Freehold, New Jersey, who preferenced into our group

EVERY MONTH EVENTS!

Join Delaware Mensa this fall at one of our many fun events. Time to pull out those calendars!

You've probably seen NTN Trivia at a favorite bar or restaurant. It's a nationwide trivia network, with rounds of games played 24 hours a day. If you've never played before, it's highly addictive! Come out and see what it's all about, and challenge your fellow Mensans.

FIRST TUESDAY Happy Hour/NTN Trivia Night

TIME: 6 to 8 pm

PLACE: Buffalo Wild Wings, 680 South Bay Road (Route 113), **Dover** (across from former Blue Hen Mall). To RSVP, e-mail Leah at bluepointjive@gmail.com.

SECOND THURSDAY Happy Hour/NTN Trivia Night

TIME: 6 to 8 pm

PLACE: Buffalo Wild Wings, 2062 Limestone Rd, **Wilmington** (near Kirkwood Hwy). To RSVP, e-mail Maria at legalady@magpage.com or call 302-893-5118.

THIRD WEDNESDAY Happy Hour/NTN Trivia Night

TIME: 6 to 8 pm

PLACE: Buffalo Wild Wings, Sunset Station Shopping Center, Route 40, **Bear**. To RSVP, e-mail Maria at legalady@magpage.com or call 302-893-5118.

NEW LOCATION—

now on **Second Thursdays in Wilmington!**

SECOND MONDAY Lunch Bunch

The Delaware Mensa Lunch Bunch will meet from about 11:45 to 1:15 at Purebread Deli in Greenville, north of Wilmington on Rt 52. 302-571-9041. Meet us there for lunch and stimulating conversation.

For further information, contact Dee Richardson, 302-892-2299, busydeee@comcast.net

MONTHLY WALKING TOUR

Each month, we'll meet at the first stop, do the walking tour, and then get dinner or a snack, depending on the time and location. Look for an announcement of the time and place. For info, e-mail Maria at legalady@magpage.com or call 302-893-5118.

Delaware Mensa Calendar

Grab your personal calendar and write down some events!

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|--------------|--|
| Tues, May 4 | 6 to 8 pm, Downstate Happy Hour/ NTN Trivia, at Buffalo Wild Wings, 680 South Bay Rd, Dover. First Tuesday of each month we'll be in Dover. To RSVP, e-mail Leah at bluepointjive@gmail.com . |
| Sat, May 8 | 2 pm, Afternoon Tea, British Bell Tea Room, 890 Peoples Plaza, Newark . Please RSVP. For info, e-mail Maria at legalady@magpage.com or call 302-893-5118. |
| Mon, May 10 | 11:30—? Second Monday Lunch Bunch –New Location– Purebread Deli in Greenville, north of Wilmington on Rt 52, for lunch and stimulating conversation. Info: Dee Richardson at 302-892-2299 |
| Thur, May 13 | 6 to 8 pm, Happy Hour/ NTN Trivia Night at Buffalo Wild Wings, 2062 Limestone Rd, Wilmington. Second Thursday of each month . For info or to RSVP, e-mail Maria at legalady@magpage.com or call 302-893-5118. |
| Sun, May 16 | 1:00 pm, Walking Tour of Wilmington; meet at the statue of Caesar Rodney in Rodney Square. After the walk, we'll get a late lunch or some ice cream. Please RSVP. For info, e-mail Maria at legalady@magpage.com or call 302-893-5118. |
| Wed, May 19 | 6 to 8 pm, Happy Hour/ NTN Trivia Night at Buffalo Wild Wings, Sunset Station Shopping Center, Route 40, Bear. Third Wednesday of each month . For info or to RSVP, e-mail Maria at legalady@magpage.com or call 302-893-5118. |
| Tues, June 1 | 6 to 8 pm, Downstate Happy Hour/ NTN Trivia, at Buffalo Wild Wings, 680 South Bay Rd, Dover. First Tuesday of each month we'll be in Dover. To RSVP, e-mail Leah at bluepointjive@gmail.com . |

Your event here!!

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FIRST CLASS MAIL

This newsletter is sent to members of Delaware Mensa each month (more or less), but is also going out to prospective members who have qualified for membership. If you are one of those prospective members, allow me to add another invitation to you to join Mensa. The organization is both big and small, you can enjoy it at whatever level suits you.

May 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Happy Hour/ NTN Trivia Night	5	6	7	8 Afternoon Tea
9 Mothers Day	10 Lunch Bunch	11	12	13 New Moon Happy Hour/ NTN Trivia Night	14	15
16 Wilmington Walking Tour	17	18	19 Happy Hour/ NTN Trivia Night	20	21	22
23	24 DelaMensa Deadline	25	26	27 Full Moon	28	29
30	31	Happy Hour/ NTN Trivia Night				
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